**Global Felt Sense of Anomaly (GFSA) Scale**

Please read the following items and rate how often you have experienced these over the past **TWO WEEKS** using the following rating:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 |
| Never | Rarely | Sometimes | Often | Always |
|  |  |  |  |  |

**Please note that this should NOT be whilst under the influence of drugs, alcohol or legal highs.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Never | Rarely | Sometimes | Often | Always |
| i | Things seem strange. | 0 | 1 | 2 | 3 | 4 |
| ii | I feel odd. | 0 | 1 | 2 | 3 | 4 |
| iii | Things seem weird. | 0 | 1 | 2 | 3 | 4 |
| iv | I feel surreal. | 0 | 1 | 2 | 3 | 4 |
| v | My experiences seem peculiar. | 0 | 1 | 2 | 3 | 4 |

**Scoring:** total score. There are no reverse items.

**Note:** The Global Felt Sense of Anomaly scale may be used independently from the Černis Felt Sense of Anomaly (ČEFSA) scale if a brief scale is required.